

જિલ્લા શિક્ષણાધિકારીની કચેરી,
એ/૩, જિલ્લા સેવા સદન-૨,
અઠવાલાઈન્સ, સુરત

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તા.૨૧/૦૮/૨૦૨૩

પ્રતિ,

આચાર્યશ્રી,

તમામ માધ્યમિક અને ઉચ્ચત્તર માધ્યમિક શાળાઓ

સુરત.

૨/- આ સાથે સામેલ પરિપત્રનો આપની કક્ષાએથી યોગ્ય અમલ સારું.



જિલ્લા શિક્ષણાધિકારી

સુરત, જિલ્લો-સુરત



ક્રમાંક : જીસીઈઆરટી/દૂરવર્તી/2023/૨૪૪૬૮-૨૪૪૭૦૨
ગુજરાત શૈક્ષણિક સંશોધન અને તાલીમ પરિષદ,
'વિદ્યાભવન', સેક્ટર-૧૨, ગાંધીનગર.
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તારીખ : 18/08/2023

પ્રતિ,
પ્રાચાર્યશ્રી,
જિલ્લા શિક્ષણ અને તાલીમ ભવન
તમામ

19 AUG 2023

વિષય: National Sports Day, 2023ની ઉજવણી કરવા બાબત.

સંદર્ભ: ભારત સરકાર શિક્ષા મંત્રાલય સ્કૂલ શિક્ષા અને સાક્ષરતા વિભાગ, નવી દિલ્હી. D.O.NO.12-
2/2023-IS.4, Dated:- 17/08/2023.

માન. નિયામકશ્રીની તા.18/08/2023ની નોંધ પર મળેલ મંજૂરી અન્વયે.

શ્રીમાન,

ઉપરોક્ત વિષય અને સંદર્ભે જણાવવાનું કે સ્પર્ધા તા.29/08/2023ના રોજ ભારત દેશના હોકીના જાદુગર મેજર ધ્યાનચંદ્રજીનો જન્મ દિવસ હોવાથી તેમના માનમાં તે દિવસને રાષ્ટ્રીય રમતગમત દિવસ તરીકે ઉજવવામાં આવે છે. તેમના માનમાં તા. 21/08/2023 થી તા.29/08/2023 સુધી દરેક શાળામાં પત્રમાં જણાવ્યા અનુસારનું આયોજન કરી વિવિધ રમત રમાડવી તથા રમતગમતમાં વધારે વિદ્યાર્થીઓ ભાગ લેય તે માટે આપની કક્ષાએથી જાણ કરશો.

બીડાણ:- ભારત સરકાર શિક્ષા મંત્રાલય સ્કૂલ શિક્ષા અને સાક્ષરતા વિભાગ, નવી દિલ્હી. D.O.NO.12-
2/2023-IS.4, Dated:- 17/08/2023 ના પત્રો.

નિયામક

જીસીઈઆરટી
ગાંધીનગર

સવિનય નકલ રવાના:

- માન.એસ.પી.ડી.શ્રી, સમગ્ર શિક્ષા અભિયાન, ગાંધીનગર.
- માન.નિયામકશ્રી, પ્રાથમિક શિક્ષણ નિયામકશ્રીની કચેરી, ગાંધીનગર.
- માન.સચિવશ્રી. માધ્યમિક અને ઉચ્ચતર માધ્યમિક બોર્ડ, ગાંધીનગર.

નકલ રવાના:- (ડાયટ મારફત)

- ડીઈઓશ્રી તમામ, ડીપીઓશ્રી, તમામ તથા શાસનાધિકારીશ્રી, તમામને આપની કક્ષાએથી જાણ કરવાની રહેશે.



सूचना का
अधिकार

L-31

भारत सरकार
शिक्षा मंत्रालय
स्कूल शिक्षा और साक्षरता विभाग
शास्त्री भवन

नई दिल्ली - 110 115

GOVERNMENT OF INDIA

MINISTRY OF EDUCATION

DEPARTMENT OF SCHOOL EDUCATION & LITERACY

SHASTRI BHAVAN

NEW DELHI-110 115

Dr. Amarpreet Duggal
JS(CORD & MEDIA)
Tel.011- 23387218
Email: jsad-moe@gov.in

D.O. No. 12-2/2023-IS.4

Dated: 17.08.2023

Respected Ma'am / Sir,

Kindly refer to the Department of Sport's DO letter dated 11.08.2023 (copy enclosed) regarding the celebration of ~~National Sports Day, 2023~~

2. Department of Sports has informed that National Sports Day is celebrated every year on 29th August, the birthday of Major Dhyan Chand, to commemorate India's deep-rooted tradition of sports. In this regard, Department of Sports (DoS) has requested to celebrate the National Sports Day 2023 during the week beginning from 21st August to 29th August, 2023 with pan-India sports events and engagement activities for people of various age groups. The theme for this year's celebration is "Sports as an enabler for an inclusive and fit society". In this regard, DoS has requested for mass participation in the event under the aegis of this Department. A suggested SoP (enclosed) for the celebration of the event has also been provided in this regard.

3. You are requested to take necessary action to give wide publicity to the event and issue necessary instructions to all schools under your jurisdiction to encourage them for participating and celebrating the event in a grand manner.

With good wishes,

Yours sincerely,

Amarpreet Duggal
17/8/23

(Dr. Amarpreet Duggal)

To,

The Additional Chief Secretary/Principal Secretary/Secretary (Education), of
all States / UTs.



SOP for National Sports Day (NSD) 2023 celebrations-

1. Organize any sporting event like athletics, contemporary sports, indigenous sports, etc. as deemed fit as per age groups on any one (01) day between 21st and 29th August 2023.

2. Salient features of the event: *

- Week-long celebration with the organisation being free to choose the actual day of sporting events.
- Based on groups format instead of individual players to bring spirit of bonding, unity and inclusiveness.
- Competition may be based on a team-based point system where every member of team earns points for the teams irrespective of position in competition.
- Acknowledging the local sports icons at the event in the celebrations.
- Staff to preferably come to workplace in sports attire. Sample t-shirt designs will be shared along with NSD branding.

3. Standard format of the event to be:

- Each organization to be divided into two, four or six teams depending on the number of participations maintaining gender equality.
- Medal tally for each team to be maintained. Highest points team will win Major Dhyan Chand Trophy.
- Organizations are at liberty to choose games for competition from any popular sports of the locality and availability of Infrastructure.
- Name of teams can be based on freedom fighters or prominent sportspersons of the country.

The list of suggested competitive and fun games is-

S.No.	Outdoor Activities	Indoor Activities	Fun Activities
1	Walk/Race	Badminton	Lemon Race/ Sack Race
2	Volleyball	Chess	Rope Jumping
3	Hockey (Penalty Shootout)	Basketball (3v3)	Kho-Kho
4	Futsal/Mini Football (3 vs 3)	Table Tennis	Lagori & Langadi
5	Tennis Ball Cricket	Tug of War	Plank Challenge

**Office will be at liberty to choose games for competition from any popular sports of the locality and availability of Infrastructure.*

4. Fit India pledge: All the stakeholders may be asked to organise a FIT India Fitness pledge event where organisations may take the FIT India Fitness pledge.

5. **Pre-event promotion:** Ensure pre-event promotion of the event to be organised from 18th August 2023 onwards followed by post event posts on social media.
6. The organizing department to release a press note two (02) days prior to the event informing about the event and schedule of activities.
7. Organizers to register their event on Fit India portal (<https://fitindia.gov.in/>) or Fit India Mobile App and upload details of participation, pictures & videos of the event.
8. Promote National Sports Day on their social media channels with #Sports4Unity and #NationalSportsDay through creatives, videos, write-ups, pictures of the events.
9. Adequate publicity for the program through social media, TV/Newspaper, etc.
10. Google Drive Link for branding design is- https://drive.google.com/drive/folders/19DONf8SJ08X76Jz0ckzhKbGKDZfhpX_o?usp=drive_link

Fit India Pledge

I take the pledge:

- TO LEAD AN ACTIVE AND A HEALTHY LIFESTYLE
- TO TAKEOUT 30 MINUTES EVERYDAY FOR MY FITNESS AND HEALTH
- TO ENCOURAGE MY FAMILY MEMEBERS, FRIENDS AND NEIGHBOURS TO STAY FIT AND HEALTHY
- TO TAKE THE FITNESS ASSESSMENT TEST ON THE FIT INDIA MOBILE APP REGULARLY

मैं प्रतिज्ञा करता हूँ:

- एक सक्रिय और स्वस्थ जीवन शैली जीऊंगा/जीऊंगी
- अपने फिटनेस और स्वास्थ्य के लिए हर दिन 30 मिनट का समय निकालूंगा/निकालूंगी
- अपने परिवार के सदस्यों, दोस्तों और पड़ोसियों को फिट और स्वस्थ रहने के लिए प्रोत्साहित करूंगा/करूंगी
- फिट इंडिया मोबाइल ऐप पर नियमित रूप से फिटनेस मूल्यांकन करूंगा/करूंगी

सुजाता चतुर्वेदी, भा.प्र.से.

सचिव

Sujata Chaturvedi, IAS
Secretary

भारत सरकार
खेल विभाग
युवा कार्यक्रम और खेल मंत्रालय
Government of India
Department of Sports
Ministry of Youth Affairs & Sports

D.O. No.: 20-4/SAI/FIT/INDIA/2023

Dated: 11th August, 2023

Dear Secretary,

I am writing to you with reference to the ~~National Sports Day~~ which is celebrated every year on 29th August, the birthday of the Hockey legend Major Dhyan Chand, to commemorate India's deep-rooted tradition of Sports. We celebrate the National Sports Day by honouring nation's sports icons for their contribution and dedication towards bringing laurels to the country on the international stage. The National Sports Day in 2019 saw the grand launch of the Fit India Mission by the Hon'ble Prime Minister, which has led a mass movement to inculcate the culture of sports and fitness in the country.

2. With this background, it is proposed to celebrate the National Sports Day 2023 during the week beginning 21st August to 29th August 2023 with pan-India sports events and engagement activities for people of various age groups and from all walks of life. The theme for this year celebration is "Sports as an enabler for an inclusive and fit society". The power and influence of sports to instil positivity and harmony in society is universally acknowledged and it is with the same spirit that this day is being celebrated.

3. May I request your support in this initiative to encourage mass participation in sports and fitness activities which may be organized under the aegis of your Ministry/Department from 21st to 29th August, 2023.

4. A suggested SoP for the celebration is enclosed for your kind reference. The Nodal Officer for this purpose from this Ministry is Smt. Ekta Vishnoi, Mission Director, Fit India, Sports Authority of India (+91 75881 81543).

I shall be grateful for your support in this regard.

With Best Regards,

Yours sincerely,

(Sujata Chaturvedi)

Encl.: As above

To- All the Secretaries, Government of India.

कमरा सं. 3, 'सी' विंग, शास्त्री भवन, नई दिल्ली-110001 दूरभाष : 011-23388623

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